Ready for a day off the beach?
Explore the shady trails and quiet waters of the Inland Bays.

Three shallow bays—Rehoboth Bay, Indian River Bay and Little Assawoman—lie behind a narrow spit of land in sight and sound of the Atlantic Ocean on the Delaware coast.

The Delaware Center for the Inland Bays is a nonprofit dedicated to the wise use and enhancement of these bays. With its many partners and volunteers, the CIB sponsors and supports public outreach and education, restoration, and research.

Get on board with the Bays at inlandbays.org

---

James Farm
1

A good place to start is at the James Farm Ecological Preserve on Cedar Neck in Ocean View...150 acres of maritime forest, meadows, salt marsh and sandy beach on Indian River Bay near Bethany Beach.

You’re invited to walk the trails, go beachcombing, and take in the views from the observation platforms from sunrise to sunset every day.

**Directions:** From Rt. 1, turn on Fred Hudson Road (first traffic light south of the Indian River Inlet Bridge) then right on Cedar Neck Road and continue to James Farm on left.

**Map:** inlandbays.org

---

Burton Island Trail
2

The loop trail begins at the north end of the marina where you cross a short bridge to the island. The sandy path leads through upland forests of oak, sassafras, holly and loblolly pine; a wide variety of native trees, shrubs and wildflowers. You’ll see grand vistas across the salt marsh to Indian River Bay and Rehoboth Bay as you traverse the marshes on elevated boardwalks.

**Note:** Please stay on the trail while visiting the island. The island provides important nesting grounds for the Diamondback terrapin.

---

**Mode:** Walking
**Distance:** 1.5 miles (round trip)
**Difficulty:** Easy
**Trailhead:** Delaware Seashore State Park / North end of the Indian River Marina
**Directions:** From Rt. 1, turn on Inlet Road just north of Indian River Inlet Bridge and continue to the Marina.
**Map:** destateparks.com

---

With thanks to Don Long, Environmental Planner, DE Department of Natural Resources and Environmental Control, for providing trail notes.

Printed on recycled paper with 30% post-consumer waste.